









Mental Health Referral Pathways

	Early Intervention	Low to Moderate Issues			High Acuity /Risk		
Service	 Mind Health Connect	 NewAccess A beyondblue program	 headspace	 Better Access Medicare	 Healthy Minds ATAPS & Better Access	 Mental Health Access Line	 Lifeline Crisis Support. Suicide Prevention.
Description	Web based program providing Psycho education and resources for self-management	Low intensity CBT delivered face-to-face or by telephone (up to 6 sessions)	Provides comprehensive support including counselling for young people	Focussed psychological strategies (up to 10 sessions)	Focussed psychological strategies for vulnerable people/ Health Care Card (up to 12 sessions)	Provides triage and referral - intake point for acute mental health services	Provides crisis and suicide prevention counselling
Referral Process	Provide patient with web address: www.mindhealthconnect.org.au	Link to referral page beyondblue.org.au/NewAccessCoach Patient must not have activated a Mental Health Treatment Plan in the last 6 months 1300 137 934	Tweed (07) 5589 8700 Lismore (02) 6625 0200 Coffs (02) 6652 1878 Port (02) 6588 7300 Provide the number or phone it with the patient present (no referral forms necessary)	Requires a Mental Health Treatment Plan. Refer patients directly to your preferred local clinician	Fax referrals: Tweed (07) 5523 5596 Lismore (02) 6627 3396 Coffs (02) 6659 1896 Port (02) 6584 4282 Requires a Mental Health Treatment Plan. To find out about Healthy Minds practitioners in your area or for more information call 1300 137 237	Provide the number, or call with the patient present. 1800 011 511	www.lifeline.org.au/Get-Help 
Age	All	18+	12—25 yrs	All	All	All	All
Cost	Free	Free	Free	Cost variable, can be bulk billed or gap fee charged	Free	Free	Free